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| **Framework Title:** Career Cluster Skills (CS).02 |
| **CIP Code:**  | **Total Framework Hours up to:**  |
| **Course: CS.02 Level 1,2, and 3** |  **Exploratory Preparatory**  |
| **Career Cluster: AFNR Cluster Pathway: CS .02 Date Last Modified:**  |
| **Pathway Content Standard:** |
| **Performance Assessments** |
| **CS.02. Performance Element: Personal Growth: Develop a skill set to enhance the positive evolution of the whole person.** |
| ***STANDARDS AND PERFORMANCE INDICATORS*** |
| **CS.02.01. Performance Indicator:** Physical Growth: Address personal health by understanding, respecting and managing your body’s needs. **Sc F1****CS.02.02. Performance Indicator:** Social Growth: Interact with others in a manner that respects the differences of a diverse and changing society. **LA 12, SS 1E****CS.02.03. Performance Indicator:** Professional Growth: Develop awareness and apply skills necessary for achieving career success. **LA 12, SS 4A****CS.02.04. Performance Indicator:** Mental Growth: Demonstrate the effective application of reasoning, thinking, and coping skills. **M 6C, Sc A4, LA 4 & 8****CS.02.05. Performance Indicator:** Emotional Growth: Demonstrate healthy responses to one’s feelings. **SS 4A****CS.02.06. Performance Indicator:** Spiritual Growth: Reflect inner strength to allow one to define personal beliefs, values, principles and sense of balance. **SS 4C and 4F** |
| **Level I=Basic Level II=Core Level III=Advanced**  | Standards |
| **Level I, II, III** | **Performance Indicators** |  |
| **CS.02.01.01.a.** | Identify how healthy and unhealthy food affects one’s body. Level I |  |
| **CS.02.01.01.b.** | Create a balanced menu to ensure appropriate proportions of desired nutritional elements. Level II |  |
| **CS.02.01.01.c.** | Practice healthy eating habits. Level III |  |
| **CS.02.01.02.a.** | Describe the benefits, risks and opportunities associated with being physically fit. Level I |  |
| **CS.02.01.02.b.** | Implement a plan for respecting one’s body. Level II |  |
| **CS.02.01.02.c.** | Make recommendations or changes to a personal fitness program regiment. Level III |  |
| **CS.02.01.03.a.** | Describe practices that must be maintained to achieve long term health. Level I |  |
| **CS.02.01.03.b.** | Implement a plan to achieve long-term health. Level II |  |
| **CS.02.01.03.c.** | Evaluate personal lifestyle as related to long-term health. Level III |  |
| **CS.02.02.01.a.** | Discover the different cultures that exist in one’s community. Level I |  |
| **CS.02.02.01.b.** | Compare and contrast the customs of different cultures. Level II |  |
| **CS.02.02.01.c.** | Engage in a project that educates others about different cultures from within the community. Level III |  |
| **CS.02.02.02.a.** | Demonstrate proper conduct and appearances for various settings. Level I |  |
| **CS.02.02.02.b.** | Apply the skills required to present oneself appropriately in various settings. Level II |  |
| **CS.02.02.02.c.** | Present oneself appropriately in various settings. Level III |  |
| **CS.02.02.03.a.** | Identify the skills needed to develop a professional relationship. Level I |  |
| **CS.02.02.03.b.** | Exhibit the behaviors needed for developing and maintaining a professional relationship. Level II |  |
| **CS.02.02.03.c.** | Maintain effective professional relationships. Level III |  |
| **CS.02.03.01.a**. | Explore various career interests/options. Level I |  |
| **CS.02.03.01.b.** | Make decisions to plan for a personal career. Level II |  |
| **CS.02.03.01.c.** | Implement a plan to achieve career goals and priorities. Level III |  |
| **CS.02.03.02.a.** | Chart the components to creating a balanced work/life plan. Level I |  |
| **CS.02.03.02.b.** | Determine the level of non-essential actions/tasks related to personal and work life. Level II |  |
| **CS.02.03.02.c.** | Balance personal and work responsibilities. Level III |  |
| **CS.02.03.03.a.** | Identify the skills required for various careers. Level I |  |
| **CS.02.03.03.b.** | Develop skills required for a specific career. Level II |  |
| **CS.02.03.03.c.** | Demonstrate employability skills for a specific career. Level III |  |
| **CS.02.04.01.a.** | Describe the skills necessary to think critically and creatively. Level I |  |
| **CS.02.04.01.b.** | Discuss the benefits of thinking critically and creatively. Level II |  |
| **CS.02.04.01.c.** | Demonstrate critical and creative thinking skills while completing a task. Level III |  |
| **CS.02.04.02.a.** | Explore tools used in creative problem-solving. Level I |  |
| **CS.02.04.02.b.** | Analyze problems that were solved well and problems that were not solved well. Level II |  |
| **CS.02.04.02.c.** | Implement effective problem solving strategies. Level III |  |
| **CS.02.04.03.a.** | Discuss the skills and techniques needed to negotiate effectively. Level I |  |
| **CS.02.04.03.b.** | Analyze case studies where negotiation techniques are used. Level II |  |
| **CS.02.04.03.c.** | Demonstrate the skills needed to negotiate with others. Level III |  |
| **CS.02.05.01.a.** | Describe skills used to cope with different situations. Level I |  |
| **CS.02.05.01.b.** | Determine the coping process that best fits one’s situation. Level II |  |
| **CS.02.05.01.c.** | Demonstrate one’s ability to cope with life’s trials. Level III |  |
| **CS.02.05.02.a.** | Discover the characteristics of selfless and compassionate individuals. Level I |  |
| **CS.02.05.02.b.** | Determine opportunities to demonstrate selflessness and compassion towards others. Level II |  |
| **CS.02.05.02.c.** | Practice the skills needed to live a compassionate and selfless life. Level III |  |
| **CS.02.05.03.a.** | Describe the factors needed to build self confidence. Level I |  |
| **CS.02.05.03.b.** | Analyze an individual’s personal level of self confidence. Level II |  |
| **CS.02.05.03.c.** | Exhibit self confidence while in the workplace. Level III |  |
| **CS.02.05.04.a.** | Analyze the benefits of emotional development. Level I |  |
| **CS.02.05.04.b.** | Practice habits that positively affect emotional well-being. Level II |  |
| **CS.02.05.04.c.** | Develop emotional well-being in other team members. Level III |  |
| **CS.02.05.05.a.** | Describe situations where seeking counsel would be appropriate (e.g., personal, legal, financial, etc.). Level I |  |
| **CS.02.05.05.b.** | Analyze the positive outcomes of seeking counsel through an appropriate source. Level II |  |
| **CS.02.05.05.c.** | Seek appropriate counsel for specific situations (e.g., personal, legal, financial, etc.). Level III |  |
| **CS.02.06.01.a.** | Define the terms: value, beliefs, and belief system. Level I |  |
| **CS.02.06.01.b.** | Create a personal belief statement. Level II |  |
| **CS.02.06.01.c.** | Develop and nurture a personal belief system. Level III |  |
| **CS.02.06.02.a.** | Describe respectful, sensitive behaviors that can influence others. Level I |  |
| **CS.02.06.02.b.** | Explain how respectful, sensitive behaviors lead to increased influence. Level II |  |
| **CS.02.06.02.c.** | Demonstrate respect and sensitivity to others’ beliefs. Level III |  |